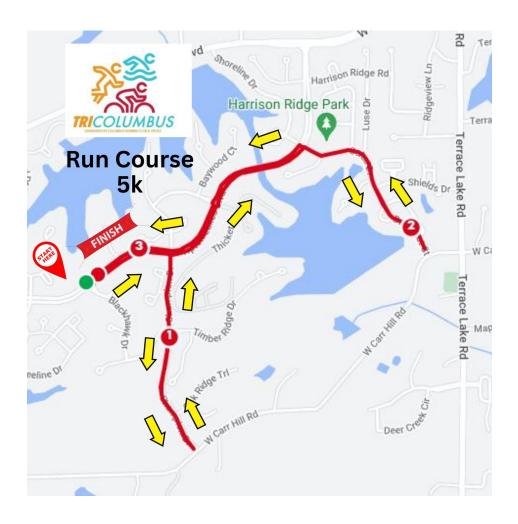
TRI Columbus Run Course



Runners will leave transition by exiting at the back of transition and running out a lane so each athlete travels the same distance. You will turn left onto Tipton Lakes Blvd. Turn right onto Champion and run till the end of Champion and turn around (before you get to Carr Hill Road) and head back to Tipton Lakes Blvd. Turn right onto Tipton Lakes Blvd till you get to Coles Drive and turn right onto Coles Drive. There will be a turn around on Coles drive (before you get to Carr Hill Road). You will head back on Coles and turn left onto Tipton Lakes Blvd to the finish line. The finish line will be just before you get back to transition. There will be 1 aid station on the run and you will pass by this aid station 2 times during the run.