

# TRI Columbus Swim Course



**Time Trial Start:** Triathletes will start on the beach in a line and individually enter the water every 3 seconds. Athletes will swim across the lake and then go around a buoy and head down past the island to another buoy before heading back past the island to the exit. The swim makes a triangle. Triathletes will exit the swim on the boat ramp and will run up a blacktop driveway to the transition. Swim is a 500 meter distance.