

TRI Columbus Run Course



Runners will leave transition by exiting at the back of transition and running out a lane so each athlete travels the same distance. You will turn right onto Tipton Lakes Blvd. At Goeller Blvd, runners will turn around and run back past the transition and turn right onto Coles Drive. There will be a turn around on Coles drive (before you get to Carr Hill Road). You will head back on Coles and turn left onto Titpon Lakes Blvd to the finish line. The finish line will be just before you get back to transition. There will be 2 aid stations on the run and you will pass by these aid stations 4 times during the run.